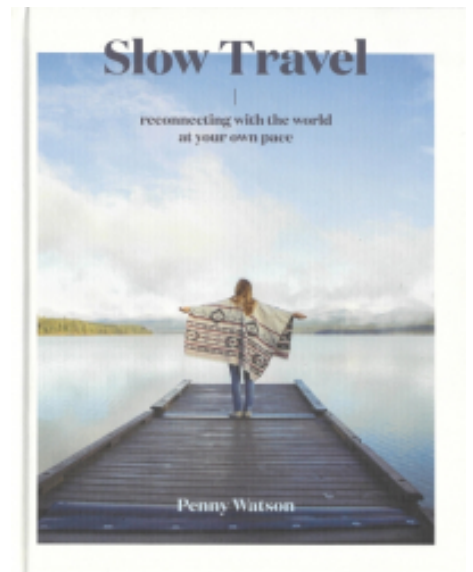


Slow Travel

by WATSON, PENNY

Slow Travel

Slow Travel is a beautifully designed and practical compendium of places, activities, tours and experiences that will inspire you to get on the road in your own time and on your own terms. It can be challenging to travel in the modern world without falling for the temptations of fast planes, cheap airlines, last-minute tickets, quick-fix travel apps and overzealous tour operators. To actually take a back seat, and allow yourself time to embrace the ebb and flow of travel, requires a more thoughtful and philosophical way of journeying. This book explores slow travel as a physical or philosophical endeavour, taking readers off the beaten track and through nature, and unveils journeys that will nurture talent and ignite the inner-self. You could decide to cruise slow-mo down Egypt's Nile on a 19th-century steam ship, visit ancient dzongs and temples in Bhutan or learn the art of sourdough baking in Venice.



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