

# Being You Journal Of Self Awareness A

by

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Being You - A Journal of Self Awareness

Only you know you.

Sounds good, but how easy is it?

Start now, with this thought-provoking journal. It's full of prompts to help you understand who you are, so you can live a life that flows with your values, goals, and the things that bring you joy.

Knowledge is power, the power to transform your life, so embrace the journey of knowing and Being You.

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