

Pick Three

by ZUCKERBERG, RANDI

Pick Three You Can Have It All!

In an increasingly demanding world, we've been told that we can do it all - maintain close friendships, devote ourselves to work, spend time with family, stay fit and get enough sleep. But who can do everything - and do it well - every day? Imagine eliminating the pressure to be perfect. Now you can achieve balance over weeks and years. Randi Zuckerberg has the solution: Pick Three. In Pick Three, Randi dives deep into each of the five categories, revealing stories from her own impressive career as well as engaging interviews from Olympic athletes, medical professionals, media moguls, seasoned Silicon Valley leaders and even her own mother - this practical handbook proves that there is a way to manage all the tensions we face each day. Because you can have it all, if you just Pick Three.

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